





# HOME PRACTICE – WORKING ON FLUENCY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY SUNDAY
Find a picture. Describe it out loud using your fluency strategies.	Practice using your best fluency skills during lunch or dinner.	When talking to people today, make sure you talk using an appropriate rate, allowing time for pausing.	Read out loud from your school work using prolonged sounds and voicing.	Stretch out these words: Apple Egg Igloo Octopus Onion	Enjoy the weekend! 
Play a game today and use your best speech during the game.	You choose! Choose a 5-10 minute time today to use your best fluency when talking with someone.	Use your best eye contact while talking with people today.	Read the lyrics of your favorite song out loud with smooth speech.	Stretch out these word using exhaled air: Hat Happy Horse Hippo Helicopter	Enjoy the weekend! 
Tell someone about your favorite movie today. Make sure you use your best fluency skills.	Practice using your best fluency skills during lunch or dinner.	Try to stay relaxed today when speaking. Don't forget to do your stretches.	Read a chapter of a book out loud today. Use your smooth speech strategies.	Say these words in sentences using prolonged voicing: Bus Pen Teach Dance Month Nose	Enjoy the weekend! 
Practice using your best fluency today, whenever you're in the kitchen.	Say your name, address and phone number. Use smooth speech.	Play a card game with someone. Use your best speech during the game.	When talking to people today, give yourself a few seconds wait time before responding.	Stretch out these words using one breath: Man...fan Cat...mat Top...tap Hop...hip	Enjoy the weekend! 

## FLUENCY

A little practice every day helps your communication skills!



Practice 3-5 times a week to help maintain and better your speech skills.